

Laser Hair Removal

U Cosmetic has the MOST comfortable, MOST effective and MOST affordable laser hair removal AND it is virtually pain free. Our laser hair removal for women and men targets any shade of brown or black hair anywhere on the face or body. Typically 6 to 8 treatments (or more for some individuals or some areas) one to two months apart are required to see permanent hair reduction. *Fees starting at: \$75.*

Other Services Offered

Medical grade skin care, treatment mineral cosmetics, chemical and laser peels. Proper skin care can lead to a rejuvenated, blemish-free appearance and will enhance any treatments provided by U Cosmetic. Dr Meathrel and Dr Sangers have chosen skin care products based on their proven performance and that are beneficial to a variety of skin types and skin conditions. Laser Peels significantly improve skin texture and tone, smoothing fine wrinkles leaving a refreshed, youthful complexion. A single Laser Peel can replace many microdermabrasions. Multiple treatments may be required. There may be some downtime of 3 to 5 days.

Fees starting at: Our Skin Care Consults are complimentary, chemical peels \$140 and up, Laser Peels \$450 and up.



Our state-of-the-art operating room

We offer a wide range of cosmetic plastic surgery procedures.

Call for your surgical or non-surgical consult today!



Dr. Caroline Sangers
MD, CCFP
Family Medicine with
a special interest in
Cosmetic Medicine

Dr. Kim Meathrel
MD, FRCS(C)
Plastic Surgeon

Location

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Please visit our website at:

www.ucosmetic.com

Private group
events available

Love being U

Love being U

U Cosmetic brings you a fresh approach to cosmetic medicine, using state-of-the-art technology

Begin with your ideal treatment plan customized at your first consultation with either Dr. Meathrel or Dr. Sangers and our professionally trained staff.

Common Conditions that we can treat at U Cosmetic

- Frown lines and other facial wrinkles
- Wrinkles or crepiness on neck, chest or hands
- Facial folds and grooves around the nose, mouth and chin
- Loose skin around the eyes or lower face, jaw and neck area
- Dark circles under eyes
- Red or brown spots, freckling, precancerous lesions, sun damage, moles and skin tags on the face, chest, hands or body
- Facial redness, flushing, spider vessels and rough skin on the nose (Rosacea)
- Acne and acne scarring and discolouration
- Surgical or traumatic scars
- Spider veins, blue veins or varicose veins on legs
- Hair removal from face, underarms, bikini, back, chest, arms, legs and more
- Stubborn areas on body such as tummy, hips, thighs and more
- Cellulite and stretchmarks

Botox and Dermal Fillers

Botox® treatments prevent muscles from making wrinkles and will produce a smooth, relaxed and well-rested look. Commonly treated areas include frown lines, eyebrows, crow's feet, forehead, lip, jaw and neck lines treatment with the maximal effect in 2 weeks. *Fees: \$10-12/unit, with special pricing for regular Botox® clients.*

Hyaluronic filler is also known as Hyaluronic Acid filler or by many of its brand names-Restylane, Juvederm, Teosyal, etc. Fillers are used to enhance lips, cheeks, folds

and wrinkles around the nose and mouth and fine lines anywhere on the face, hands or body. These treatments provide visible reductions in wrinkles, lines or folds and an instant lift creating a youthful, refreshed appearance which can last 6 to 12 months or more! *Fee ranges depend on the number of syringes used.*

The "CHEAT LIFT": U Cosmetic's Exclusive Non-Surgical Face Lift

The best way to take advantage of Botox® and filler is the "CHEAT LIFT" program. U Cosmetic offers OUR exclusive "CHEAT LIFT" package combining Botox® and Filler to create a unique facial rejuvenation resulting in volume restoration and wrinkle relaxation with maximal effects and no downtime.

Special fees depending on package chosen.

Vein Treatments

U Cosmetic offers safe, effective vein treatment and is the ONLY centre in Eastern Ontario to offer Endo-venous Laser Treatment. EVLT is a minimally invasive, outpatient procedure used to eliminate large varicose veins as an alternative to surgery and with minimal or no downtime. We also offer Sclerotherapy and Facial Vein laser treatments.

Fees: Individual consultation is required.

Acne Therapy

U Cosmetic has a variety of treatments to control mild to severe acne and to treat or prevent acne scarring. Medical grade skin care, Blu U Light treatments, Photodynamic therapy and chemical peels can be used alone or in combination to eliminate acne. Carboxytherapy, filler and laser resurfacing improve acne scarring and create a beautiful complexion. *Fees: Individual consultation is required*

Photodynamic Therapy (PDT)

PDT is a non-invasive skin treatment used to treat actinic keratosis (pre-cancerous spots) and acne, improving the overall appearance of sun damaged, blotchy skin or general complexion. *Fees starting at: \$350.*

Carboxytherapy

Carboxytherapy increases skin metabolism, collagen and elastin production and fat cell breakdown by injecting medical grade carbon dioxide gas into superficial or deep layers of the skin. Carboxytherapy can improve the following conditions: dark circles and loose skin around eyes, mild to moderate wrinkles, scars, stretch marks, cellulite and localized fatty areas on the face and body. Medical conditions such as psoriasis, ulcers, slow healing wounds and hair loss are also improved or controlled with Carboxytherapy. There is no downtime.

Fees starting at: \$150.

Photorejuvenation (Intense Pulsed Light) /NdYAG and KTP Laser

Intense Pulsed Light or lasers can control rosacea (facial flushing and facial veins) and treat brown spots or sun damage on the face, neck, chest, hands, arms and legs. Skin tags, moles, warts and other lesions may be treated as well. There is no downtime. *Fees starting at: \$225.*

Ultrapulse CO² Laser Skin Resurfacing

The Ultrapulse CO² laser is the industry standard laser for skin resurfacing and is used in major hospitals for medical treatments. CO² laser resurfacing treats wrinkles, discolouration, scarring, loose skin, stretch marks and moles in a single treatment with much less downtime than traditional laser resurfacing. There are three types of treatments available, ActiveFx for superficial wrinkles, discolouration, stretch marks and mole removal; DeepFx for deeper wrinkles and scars; TotalFx for wrinkles, discolouration, scars, loose skin and more. *Fees starting at: \$500.*

Radiofrequency Skin Tightening, Body-Contouring and Cellulite Treatments

Radiofrequency technology non-invasively tightens loose skin on the face, neck and body by promoting collagen and elastin production. Radiofrequency therapy can remodel the connective tissue that forms cellulite and fatty deposits anywhere on the body. There is no downtime and multiple treatments are required. *Fees starting at: \$250.*

State-of-the-art technology • • • cutting-edge ideas and products • • • The place to go for all your cosmetic needs
Call U Cosmetic today and book your non-surgical or surgical consult: 613-536-LASR(5277)