



antiaging
medical and laser clinic

SKINCARE AND CONSULTATIONS

We offer complimentary skin consultations with our experienced nurse, LPN, aesthetician and laser technicians. We carry a wide range of SWISSTEC®, Jan Marini®, Vivier® and SkinCeuticals® products and can customize a homecare program with professional, pharmaceutical grade active ingredients that will give you real results.

MINERAL MAKE-UP APPLICATIONS

Our Make-up line of choice is Jane Iredale. Jane Iredale is known as the Skin Care Makeup. The mineral powders are also a foundation, concealer and sunscreen all in one. The concentrated pigment in this mineral make-up provides unsurpassed coverage while allowing the skin to breathe and function normally. Enjoy a flawless and smooth complexion that lasts all day with Jane Iredale Mineral Makeup.

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& LASER CLINIC**

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ANTI-AGING MEDICAL & LASER CLINIC

Welcome to our concierge-care, exclusive, physician-directed medical and skin care clinic. We offer non-invasive laser and injectable treatments as well as private preventative medical, hormonal and anti-aging consultations. Our experienced staff have been offering individualised treatment and advice in Kerrisdale since 2003.

VOLUME FILLERS Injectable fillers are a safe and effective way to restore volume to deep wrinkles, lips, the nose bridge and the naso-labial folds. Fillers also enhance cheeks, chin and jaw line to return a more youthful appearance. Most fillers are made from cross-linked hyaluronic acid, which is found naturally in your own body. The results can last from 6 – 18 months depending on which filler is chosen. We offer hyaluronic acid fillers Restylane®, Perlane®, Juvederm Ultra® and Voluma® as well as Radiesse® calcium hydroxylapatite filler.

BOTOX COSMETIC® Botox® relaxes excess movement of muscles that create wrinkling in the skin. When administered properly, Botox® provides temporary improvement of 'anger' frown lines, 'surprise' forehead lines, crow's feet, smile lines, 'bunny' nose lines and chin 'orange peel' lines. We help you look natural, relaxed and



glowing. Most patients see results in 3-7 days with effects lasting approximately 3 months.

BOTOX THERAPEUTIC (Sweating and migraine treatments). This is highly effective in decreasing excessive sweating in underarms, hands and feet (Botox hyperhidrosis) for about 6 months. Botox treatments also offer relief for patients suffering migraines.

FRAXEL DUAL for pigmentation, skin texture, acne scars and fine lines. This is the new generation of fractionated lasers that targets both colour and texture problems, producing skin-resurfacing results without extensive downtime. The results are progressive (from 3-6 months), requiring a series of treatments. With proper maintenance much of the benefit from this laser can last for years.

IPL (Intense Pulsed Light) for treating pigment and redness. Some of the more superficial sun damage, rosacea and broken capillaries can be lightened or reduced with IPL. This is a broad-spectrum light (non-laser) that heats up darkened spots and causes them to flake off in 7-10 days.

LIPOSONIX® for fat reduction. This is the perfect solution for those people with that last little bump on their belly or thighs or love handles that they can't lose no matter how much they exercise. In a one-hour treatment lose 1 inch, equivalent to one size. LipoSonix® uses intense, targeted ultrasound technology to remove fat permanently without surgery or downtime. Results are typically seen in 8-12 weeks.

LASER HAIR REMOVAL with e-Laser® This innovative technology combines laser with radio frequency. The benefit is the ability to treat all skin types and even affect some red and grey hair. The e-Laser is quick and comfortable. With



Dr Gidon Frame, medical director, has extensive aesthetic experience and certification in Anti-Aging Medicine, Menopause and Family Practice.

our Zimmerman, the treatment is easily tolerated. E-laser is effective on all areas of the body.

LATISSE® for eyelash growth You can expect longer, thicker eyelashes in as early as 8 weeks with full, dramatic effects in 12-16 weeks with Latisse. A simple application with the provided mini brushes to the base of the upper lashes only each night, is all you need to do. Latisse is proven safe, highly effective and requires a physician prescription.

MICRODERMABRASION - Comfortably exfoliate the dead skin cells. This leaves the skin glowing and more able to absorb essential nutrients. A suction wand covered in micro- diamond chips provides a 'face massage' type feeling with the benefits of

promoting skin cell turnover and removing small bumps and clogged pores.

COSMETIC PEELS Ranging from mild with no downtime to noticeable peeling for 4-6 days, we have peels to cover your needs and lifestyle. Glycolic/Lactic acid for general exfoliation, Salicylic/Mandelic acid for acne prone skin, Vitamin C for lightening and Retinoic Acid 0.3 percent for more intensive results. Dermaceutic Milk Peel and Spot Peel smooths, soothes and reduces sun damage and pigmentation.

HORMONE OPTIMIZATION Dr Frame offers a complete and thorough examination and testing process to assess hormonal imbalances, menopause and andropause. Bio-identical Hormone Therapy can address the lack of energy, decreased libido and mood, muscle wasting and increased fat that come with male and female aging.

PRIVATE PREVENTATIVE MEDICAL EXAM A comprehensive consultation will identify your personal and family risk of cancer, dementia or osteoporosis. Dr Frame can plan your medication, supplements and lifestyle changes to keep you healthy for as long as possible. If you want expedited screening, MRI, CT or blood tests, Dr Frame can help you access the necessary services.

